**Reaction Time**

There are many on line applets that enable you to test your reaction time. An example of one of these is shown below.

<http://www.bbc.co.uk/science/humanbody/sleep/sheep/reaction_version5.swf>

You may want to decrease the volume as it continually makes a noise.

**Question 1**

What was your average reaction time?

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**Question 2**

In which activity was your response faster? Why did this occur?

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**Question 3**

Are these responses nervous, hormonal or both?

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**Question 4**

What is the advantage of rapid responses?

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